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NEWS BRIEFS

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Cheyenne Regional Medical Group First in Wyoming to Offer Online Access to Medical Care through SmartExam

Cheyenne Regional Medical Group is now offering SmartExam, a program that provides online access to medical care for Cheyenne-area adults with common health conditions.

An affiliate of Cheyenne Regional Medical Center, CRMG is the first and only medical group in Wyoming to offer SmartExam. CRMG is one of the largest medical groups in the state.

“With SmartExam a patient can be diagnosed, treated and receive a prescription often within an hour from their computer or mobile device,” said CRMG President Kerry Slater.

Patients using SmartExam answer an online questionnaire about their current symptoms, medications and health history. Information is reviewed by a CRMG physician or advanced practice provider, who provides a personalized diagnosis and treatment plan, including needed prescriptions.

If the clinician reviewing the questionnaire determines that the patient needs to be seen in person, CRMG will help the patient schedule an appointment with a primary care provider. Patients will not be charged the \$40 per visit fee if they cannot receive care through SmartExam.

SmartExam is currently available to adults who are established with a CRMG physician, nurse practitioner or physician assistant and have an electronic medical record with CRMG. Information from the

SmartExam questionnaire and any corresponding treatment is automatically incorporated into the patient’s medical record.

“SmartExam should help us improve patient access, reduce wait times, help patients avoid unnecessary office visits and lower the overall cost of primary care for those who use the program,” Slater said.

SmartExam questionnaires are available 24 hours a day through a person’s MyChart electronic medical record account with CRMG. A CRMG healthcare provider will be available to review the exam Monday through Friday, 7 a.m. to 9 p.m.; and weekends and holidays, 8 a.m. to 4 p.m.

The questionnaire typically takes five to 10 minutes to complete. A diagnosis and treatment plan can normally be delivered in under an hour if the questionnaire is sent during the review times. The patient is notified by email about the care plan.

“Unlike what happens with some online care companies, we will make sure SmartExam treatment is coordinated with the patient’s medical record and overall healthcare needs,” Slater said.

SmartExam, which is evidence-based, can help identify more than 350 conditions that make up between 30 and 60 percent of treatment provided in primary care clinics. Coughs and colds, seasonal allergies, sinus pain, urinary tract infections, rashes and ear pain are

some of the common conditions that can be identified and treated.

“At Cheyenne Regional Medical Group, our goal is to be the medical home for our patients,” Slater said. “This innovative option helps us to do this by expanding our adult patients’ access to care and in a convenient format that many of our adult patients actually prefer.”

SmartExam is not intended for use in a medical emergency or in the event of an urgent healthcare need. Anyone with a life-threatening medical problem should dial 911 immediately.

“Cheyenne Regional Medical Group has long been recognized for providing high-quality compassionate care. With SmartExam, CRMG can continue to deliver that level of care, but in a way that increases access and is more convenient to adult patients in their community,” said Ray Costantini, CEO and co-founder of Bright.md, the developer of SmartExam. “We look forward to working with CRMG to provide this innovative option to their patients.”



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SMH Foundation Celebrates Employee Partner Contributions

Member Spotlight

On Thursday, December 12, Sheridan Memorial Hospital employees gathered for a special breakfast and celebrated their contributions to the hospital's Foundation. In 2019 over 516 staff members participated in this unique philanthropic program and donated through bi-weekly payroll deductions.

In 2004 the idea for Partner giving program began with a few faithful employees. It has steadily increased year over year. Over the past 16 years, Partners have contributed \$455,000 toward patient care improvement projects at our community hospital. Annually in December The Foundation hosts a holiday breakfast to honor and celebrate the Employee Partners. During the event, Partners vote to fund a strategic hospital project with the

monies accumulated over the past year.

This year, the hospital's Employee Partners voted, and will put their \$43,000 toward multiple hospital projects in the coming year. Part of this year's funds will go toward fully funding the Musculoskeletal Ultrasound Equipment, MSK-US, to welcome back Dr. Widener and support the hospital's Rheumatology Practice, opening in 2020. Contributions will also fund equipment for the Respiratory Therapy team, allowing for enhanced patient care throughout the hospital.

Along with these two projects, partners will ensure that Project Heartbeat will be fully funded by the end of this year. This campaign kicked off in the fall to raise funds for Cardiol-

ogy and Cath Lab, set forth as a matching opportunity through the William F. and Lorene W. Welch Foundation.

According to the hospital's Chief Development Officer Cody Sinclair, "Our employee support is impressive on so many levels. They provide excellent care for our patients and their families every day, and on top of their work they continue to make donations which support the mission and vision of healthcare for our community. It's an honor to work with the entire team."



Miller and Long Picked for '40-under40' List



Zach Miller, CEO and Ingrid Long, CNO of Community Hospital in Torrington, have both been named to the Wyoming Business Report's annual 40-Under-40 List.

The Wyoming Business Report's 40-Under-40 is a celebra-

tion of the early career successes of Wyoming's brightest business people, according to the WBR's website.

"It was really exciting and humbling," Long said. "I had to reread the e-mail a couple of times. Wyoming is a big state and so for both of us to have been picked is pretty great."

"It really is an honor to be selected and there's some pretty important people on that list—CEOs of mineral

companies, volunteer groups and mentorship groups—and I think it just goes to show that younger people can have a dramatic impact if they choose engage," Miller said.

Recently, both Miller and Long played a role in establishing a nursing program at Eastern Wyoming College, and Miller said that is an example of some of the opportunities Torrington has to offer.

40-under-40

WWAMI Position Open

Wyoming WWAMI Clinical Dean position

Larry E. Kirven, MD who has served as the Wyoming WWAMI Clinical Dean since 2013 will be retiring from this position June 1, 2020.

Dr. Kirven will continue as the WRITE Program Director, but the University of Washington School of Medicine is actively seeking applicants to fill the position of assistant clinical dean

for the Wyoming WWAMI program.

The description of the assistant clinical dean position and the application process may be accessed by using the following link.

[https://
apply.interfolio.com/72457](https://apply.interfolio.com/72457)

