



## Wyoming Hospital Association

# NEWS BRIEFS

### Informational Newsletter for Wyoming Hospitals

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## App Boosts Wellness Tracking for Wyoming Families

A free, customized mobile phone app offered by the Wyoming Department of Health (WDH) can boost Wyoming family wellness by offering useful health tools and tracking resources.

“My 307 Wellness” is an interactive app with reliable, credible health information and tailored details and connections to Wyoming resources.

“There’s a lot of information out there about health topics and some of it is, frankly, questionable. We want ‘My 307 Wellness’ to be a resource Wyoming residents can trust,” said Angie Van Houten, Community Health Section chief with WDH.

Van Houten said the app’s tools help users navigate and track unique health milestones and needs for themselves and for family members of all ages.

The app can be downloaded by searching “My 307 Wellness” in either the Apple or Google app store or by texting WELLNESS to 307-317-0819 for a link.

The “My 307 Wellness” app’s content and features include:

- Profiles for every family member
- Health and developmental milestones by age, including screenings
- Vaccination tracker, plus weight and height trackers
- Click-to-call function for direct access to users’ health teams and local health resources
- Feeding, diaper and growth trackers for young family members
- Information on free, local developmental screenings

“Pregnant women have unique needs and questions related to their health and their babies,” Van Houten

said. Specialized app options connected with pregnancy include:

- Personalized daily and weekly pregnancy tips and milestones
- Health trackers for weight gain and baby kick counter
- Symptoms and issues information
- “Baby Boost” meditation feature for relaxation

“My 307 Wellness” is supported by WDH programs, partners and contractors including Wyoming Cancer Program; Women, Infants and Children Unit; Maternal and Child Health Unit; Early Intervention and Education Program; Children’s Trust Fund; Wyoming Medicaid and WYhealth.

The department partnered with Wildflower Health, a healthcare technology company, to develop the app. For more information about Wildflower Health, visit [wildflowerhealth.com](http://wildflowerhealth.com).



Kristy Nielson, Chief Nursing Officer at Memorial Hospital of Sweetwater County, was honored with the Best Mentor award Thursday during the seventh annual Women of Influence banquet at the Casper Event Center.

The banquet recognized 110 women from around the state. A

## Nielson Honored as Women of Influence

panel of past honorees selected winners from those who were nominated in 15 categories. Nielson was among nine people nominated in the “best mentor” category.

“Never in a million years would I have thought that I would be chosen,” Nielson said. “Knowing Kristy, this is the obvious choice,” said Sweetwater Memorial CEO Irene Richardson. “She has been a true leader and true mentor to so many people. She is that perfect combination of compassion and skill that we strive for here at MHSC.”

Nielson has worked as a health

care professional for nearly 40 years. During that time, she has coached, instructed and mentored hundreds of new and experienced nurses.

Since 2007, she has been the official mentor for 13 masters and doctorate nursing students and an informal mentor to many others. She is currently mentoring a master’s in nursing student and two doctorate nursing students.

“It has been an honor and privilege to watch nurses shine as patient and family advocates and be a source of strength for the vulnerable,” she said. “I know how important it is to have someone truly believe in you.”



## Member Spotlight

### MHCC Names Dammeyer CEO

Memorial Hospital of Converse County's Board is pleased to announce the hiring of the new Chief Executive Officer, Matt Dammeyer of Soldotna, Alaska.

Both he and his wife, Maria, are Ph.D. graduates in the field of Psychology from the University of Wyoming, where they met as students. They will soon relocate to Douglas, where they look forward to making their home along with their six children.

"The appointment of Matt is the result of an extensive interview process which convinced both the Board and hospital staff that this was the individual to help maintain our excellence in delivering patient-centered care and as an outstanding community hospital," said Memorial Hospital of Converse County Board Chair Bob Kayser in a statement. "Matt was a colleague of Ryan Smith's for several years and he brings to us significant hospital man-

agement experience. He will begin work on September 30th and is already working with our senior management team to accomplish a smooth transition in our leadership."

Matt was most recently the CEO of the Alaska Psychiatric Institute (API) in Anchorage and, concurrent with this position, owned a consulting firm focused on assisting clinical practices, with education for acute psychiatric care. Dammeyer spent a large amount of his professional career at the Central Peninsula Hospital in Soldotna, Alaska. Leaving private practice in 2001, he took on roles with ever-increasing degrees of leadership input and responsibility including Clinical Director/Staff Psychologist, Director of Behavioral Health, Assistant Administrator, and finally Chief Operating Officer, a position he held for seven years.

"Memorial Hospital of Converse County is a sophisticated healthcare system, particularly for a rural setting. I am honored to join with the Board of Directors, Leadership, Providers, and Staff to further develop it into something even more spectacular," Dammeyer concluded.



### PCMH Expands General Surgery Offering

Platte County Memorial Hospital has expanded its general surgery offerings that will allow patients to receive high-quality care close to home.

Chief Executive Officer Ned Resch said PCMH has partnered with a group of surgeons to provide emergency surgery and trauma care, general surgical care in the hospital and outpatient clinic services. A surgeon will be available at PCMH 24/7 with outpatient clinic 2-3 days per week.

Patients will be able to see the same surgeon for treatment and follow-up care.

"This allows PCMH to provide the care patients need locally so they don't have to travel out of town," Resch said.

Robert Dragotti, DO, is a board-certified general surgeon who will practice at PCMH. He began Oct. 1. He attended medical school at Lake Erie College of Osteopathic Medicine in

Bradenton, Florida, and completed residency at Flushing Hospital Medical Center in Flushing, New York. He will do full scope general surgery procedures including upper and lower endoscopies, appendectomies, hernia repairs and laparoscopic procedures. He will be joined by other surgeons later this month.

**2019 FALL CONFERENCE**  
 Nov. 13-15, 2019 WYOMING STATE FAIRGROUNDS, RUTHERFORD, WYOMING  
 Register for the conference here: [www.wyominghema.org](http://www.wyominghema.org)

**DOUGLAS WYOMING**

Due to high demand from the oil and gas industries, room blocks are spread across three hotels this year. Attention "Wyoming HEMA" for the block rate. Block rates are only available for reservation until October 13.

Hampton Inn 307.358.0707 \$104.00/Night	Holiday Inn 307.358.4500 \$94.00/Night	Sleep Inn 307.358.2777 \$104.00/Night
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Complete Registration Card Here: [www.wyominghema.org](http://www.wyominghema.org) or [info@wyominghema.org](mailto:info@wyominghema.org)



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