



NEWS BRIEFS

Informational Newsletter for Wyoming Hospitals

Volume 46, Number 27

July 17, 2015

WHA Calendar:

WHA PAC Golf Tournament	9/1
WHA/Leading Age Annual Meeting & Convention Casper	9/2-9/3

Other Events:

Wyoming Quality Conference Casper	8/19-8/20

New Appointments to WHA Trustee Education Council

WHA is very pleased to announce three new appointments to serve on the Trustee Education Council.

As established in 2012, the TEC provides an important advisory role to the leadership and board of WHA in efforts to initiate, support and promote educational opportunities and resources for all trustees of Wyoming hospitals.

Effective governance and leadership development within local hospital boards is viewed to be increasingly important in these challenging times in healthcare delivery, in addition to providing focus and important influence toward advocacy efforts.

WHA is fortunate to welcome these three new members to the 10-member Trustee Education Council.

T. Chris Muirhead brings 35 years of experience as a partner in a leading CPA firm in Casper. He serves on the Wyoming Medical Center Board and is currently fulfilling a second term as Chairman which initiated in 2010.

He was originally appointed to the WMC Board in 1995 and elected Chairman for the first time in 1998, holding the position until June of 2003. In addition, Chris served the Wyoming Healthcare Commission 2003-2005, as was appointed by Governor Freudenthal to chair the commission, as authorized and

funded by the Wyoming Legislature to study healthcare issues facing the State of Wyoming at that time.

Rex Gantenbein was elected to Laramie’s Ivinson Memorial Hospital Board in 2012.

He currently serves as chair of the Community Relations Committee and is a member of the Credentialing Committee. Since 1985, Rex has been at the University of Wyoming, where he is a Professor of Medical Education and Public Health, as well as Director of the UW Center for Rural Health Research & Education. Rex is also an affiliate professor in the Division of Biomedical & Health Informatics in the University of Washington School of Medicine. He has a Ph.D. in Computer Science from the University of Iowa.

Scott Erickson was voted as a trustee for the South Lincoln Hospital District in Kemmerer in 2014.

His healthcare background includes ten years of experience as a provider of Behavioral Health services, seven years as the Clinical Director of an outpatient mental health and substance abuse clinic, and he currently serves as the Quality Assurance Director for High Country Behavioral Health – a Wyoming Community Mental Health Center. Scott is a trained Mediator and Licensed Professional Coun-

selor and is eager to contribute to the ongoing effort to provide support and training to hospital trustees in Wyoming.

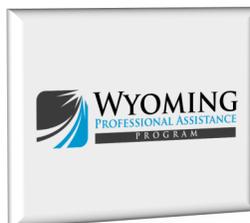
The WHA greatly appreciates the efforts of the Trustee Education Council, individually and collectively, for the leadership and support provided for the benefit of all hospitals statewide.

Trustee Education Council

- Janet Marschner-Cheyenne Regional Medical Center
- Ron Mischke-Sheridan Memorial Hospital
- Grant Christensen-Memorial Hospital of Sweetwater County
- Sandy Neiman-Crook County Medical Services District
- Linda NeVille-North Big Horn Hospital
- Larry Parker-Powell Valley Healthcare
- Jose Quiroz-SageWest Health Care
- Chris Muirhead-Wyoming Medical Center
- Rex Gantenbein-Ivinson Memorial Hospital
- Scott Erickson-South Lincoln Medical Center



Don't forget to send us a story about your hospital so we can feature you in our Member Spotlight



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 2005 Warren Ave.
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Hospital's Community Garden

The Healthy Lifestyle Coalition's community garden at South Big Horn County Hospital is starting to bloom.

Fresh vegetables like green beans, peas, carrots, zucchini, summer squash and more will soon be available to the community.

The coalition, which is in charge of planting and main-

taining the garden, plans on making the free produce available just outside the clinic at the hospital.

"We want to provide fresh produce to people for free," said coalition member Barbara Burbridge. "A lot of times people will go to the store and won't buy healthy stuff because it's too expensive."

According to Burbridge, they are currently working on constructing shelves that will go up at the hospital to place the produce on. People will then be able to go to the hospital and pick from the produce.

The South Big Horn County Hospital District Funds the community garden.

WPAP Can Help With Burnout Issues

Professional assistance programs across the country continue to wrestle with how to most effectively help those with burnout issues.

With more and more demands on time and resources in the lives of professionals today, burnout is too often a root symptom that leads to behaviors (i.e. substance use) that are detrimental to personal and professional lives.

It is ironic that the same personality strengths that lead to becoming a high quality professional (drive

and determination to get through school, sacrificing time with family or hobbies in lieu of working hard to enhance your career) are the same qualities that often lead to burnout.

Often taking on a job as the majority identity of "who we are" creates the environment that leads to burnout

The bottom line is take some type of action toward resolution. The situation will only continue intensify if you don't take action and find support from peers.

Wyoming Professional Assistance Program has resources available to help professionals with mental/behavioral health and substance use issues.

This includes precursors to those conditions like burnout and stress.

WPAP offers confidential personalized consultations and referrals to mental health professionals who specialize in these areas.

Call WPAP at (307)472-1222 or visit the website at www.wpapro.org.

Department Encouraging Online Death Registration

Increased use of an online registration system for death notices will help smooth the process for loved ones following the passing of a family member, according to the Wyoming Department of Health (WDH).

Vital Statistic Services (VSS), part of WDH, has had an online registration system since 2009. "This system allows funeral homes, hospitals, doctors,

coroners and others to file, check and change death registrations online," said Guy Beaudoin, deputy state registrar with WDH.

Beginning August 1, VSS will only accept death filings submitted electronically.

Vital Statistics Services will be working with funeral homes, medical offices and hospital administrators as needed to help them make the transition to electronic

filing.

Family members can find details about ordering death certificates, which are certified, printed documents, by visiting http://www.health.wyo.gov/rfhd/vital_records/certificate.html online.

For more information, please contact VSS at 307-777-6042.